

JANUARY 19, 2020

ST. GEORGE GREEK ORTHODOX CHURCH OF THE DESERT

74-109 Larrea Street
Palm Desert, California 92260

Website: www.go-stgeorge.org

Email: stgeorgepd@aol.com

THE LADDER

THE TEN LEPERS



Mailing Address:

P.O. Box 4755
Palm Desert, CA.92261
Tel: (760) 568-9901
or: (760) 880-5869

– Fr. Theodore Pantels,
Proistamenos (Pastor)
– Deacon Euthym Kontaxis,
M.D.

Holy Communion Order

1. Please remain standing while following the directions of our ushers.
2. Ladies, kindly remove lipstick before receiving.
3. When receiving Holy Communion, make the Sign of the Cross, state your name (baptismal name), and naturally receive as if being fed.
4. Non-Orthodox Christians may not receive Holy Communion, but they may receive the Holy Bread at the end of the service.
5. All Orthodox Christians must be spiritually prepared to receive the Sacrament of Holy Communion. Please see the priest if you have any questions.

THE IMPORTANCE OF WORSHIP

“One of them [of the ten lepers who were cured by Christ] returned and with a loud voice glorified God.” (St. Luke 17:15). Worship to God is synonymous with a loud voice that can be heard by all in praise of God. It is the “loud voice” of the leper about whom we heard from today’s Gospel.

The Lord’s Day is the Day set aside each week to worship Christ our God. The Lord’s Day is the Day of His Resurrection. With His Resurrection from the dead, the “leprosy” caused by sin is cured and we are made healthy and alive. It is not a day in which we are to

be idle; it is a day to be active with love for God and neighbor. In short, it is a day of life for all of our lives.

The loud voice of worship is a gift of thanksgiving to God for our salvation. It is the sound that we love God and the whole world is to hear it. Our participation in making this sound is a fundamental way by which we proclaim the Gospel message to the world. Hence, if we are truly grateful to God, our gratitude is best shown as a public message to God’s glory.

Offering thanksgiving to God through Sunday worship is our act of humility
Continued on page 2

THE SACRED ROLE OF GODPARENTS

According to St. Theophan the Recluse there is no holier act than that of serving as a Godparent. While it is an honor to be asked to be a Godparent, one should make sure that the potential sponsor will be committed to the responsibility. The role must be honored and not taken lightly. Every Godparent will be accountable to God as to whether or not one has fulfilled his or her duties. Prospective Godparents must know their faith, or at least be in the process of learning their faith and be committed to a life in Christ. One problem today is that people who are called upon to be Godparents do not know their faith and are not regular participants in the life of the Church. This is also true for some parents. Consequently a child who is baptized may never know anything about Jesus Christ and the Church. In the early Church heavy emphasis was placed on the educating of the faithful and those who desired to come into the Christian faith. As Christianity spread in a pagan world, the need to teach individuals before their baptisms became crucial. The systematic instruction, which was a preparatory stage for baptism was and is called “catechism.”

– Taken from www.orthodoxwiki.org



<Εἶς ἐξ αὐτῶν [των δεκα λεπτων] ἰδὼν ὅτι ἰατρεύθη, ὑπέστρεψε μετὰ φωνῆς μεγάλης δοξάζων τὸν Θεόν, καὶ ἔπεσε κατὰ πρόσωπον εἰς τοὺς πόδας [Ἰησοῦ] καὶ εὐχαριστῶν Αὐτόν...> (Λκ. 17:15). Η λατρεία προς τον Θεόν είναι στην ουσίαν αυτή η <φωνή μεγάλη> που ακούεται από όλους καθώς δοξάζομεν τον Θεόν. Είναι η <φωνή μεγάλη> του ενός λεπρού περί του οποίου ακούσαμεν κατὰ το ανάγνωσμα της σημερινῆς περικοπῆς του κατὰ Λουκάν Ευαγγελίου.

Η Κυριακή είναι η <Ημέρα του Κυρίου> η οποία αφιερώνεται στη λατρεία του Θεού μας, διότι είναι η Ημέρα της Αναστάσεώς Του εκ των νεκρών. Με την Ανάστασίν Του, <η λέπρα> της ψυχῆς και συνεπώς ὅλης της ζωῆς του ανθρώπου που προκαλείται από την αμαρτιάν θεραπεύεται και γίνεται ο άνθρωπος υγιείς και ζωντανός. Δεν είναι μιά ημέρα στην οποίαν πρέπει να είναι κανείς αδρανής. Είναι μιά ημέρα γιά να εργάζεται κανείς με αγάπη γιά τον Θεόν και γιά το καλό του συνανθρώπου του. Εν ολίγοις, είναι μια ημέρα να ζήσουμε με τον Θεόν κοντά μας και να ἔχουμε τον Θεόν κοντά μας κάθε ημέραν γιά ὅλον τον υπόλοιπον χρόνον της ζωῆς μας.

Η δυνατή φωνή της λατρείας μας είναι προσφορά ευχαριστίας προς τον Θεόν γιά την ἴασην της ψυχῆς μας διά μέσου της συγχωρήσεως των αμαρτιῶν μας, οὕτως ὥστε να κληρονομήσουμε την αἰώνιον ζωήν. Είναι φωνή με ἦχος που ὅλος ο κόσμος ακούει από εμάς που αγαπάμε τον Χριστόν.

Η Θεία Λειτουργία (το Μυστήριον της Θείας Ευχαριστίας) είναι μιά ενέργεια που προσελκύει την χάρη του Θεού—είναι η μεγάλη δύναμις της Θείας Λειτουργίας.

+Ο ΠΑΤΗΡ ΘΕΟΔΩΡΟΣ

before God. Our thanksgiving to God is in itself an act of loving care for the souls of others, inspiring others to turn to God.

Thanksgiving to God is an energy that attracts the grace of God. This is the very *power* of the Divine Liturgy. Giving thanks to God by way or our participation in the prayers and hymns of worship, allows us to call upon God, Who descends in the Person of the Holy Spirit in order to change the “essence” of our existence in this world in the forms of bread (the food of the world) and wine (the symbol of every joy) into the very Body and Blood of our Lord God and Savior Jesus Christ.

Our transformation in this mystery is explained most clearly in the Divine Liturgy of St. Basil. Our Lord “*was incarnate of the Holy Virgin, taking on the form of a servant, becoming conformed to our lowliness, so that He can make us to be conformed to the Image of His glory.*” This *Image* is the divine quality in each person, regardless of race, gender, or nationality. Being united with Christ, we are united with our God’s *Divine Image*. While we may not all look alike, we are all of the same *Image*.

It is this *Image* that separates us from other creatures. We have Free Will; we comprehend the difference between good and evil. We have the *capacity* to be thankful and to express gratitude, through the mediums of words and behaviors. Ingratitude, such as that shown by the nine lepers who were cured by Christ, is a betrayal of our very being according to the *Image* — a betrayal against our very self. Pride and ego are the fountains of ingratitude, which, in turn makes the human heart grow cold.

If we are grateful to God for any blessings, our spiritual duty is to worship God with our “loud voices.” Discharging this duty stabilizes our emotions, especially when we can bring to our minds the hymns and prayers of the Liturgy as we go about our daily business. Otherwise, we are victims of illusions that spring from different forms of pride that feed our sense of entitlement, which, if unfed, causes anxiety and anger. Let us find inner peace through worship with gratitude to God.

+FR. THEODORE

ANGELS JOIN US IN WORSHIP

During the Divine Liturgy the Angels and Archangels are present with us, joining the “Church of Heaven” with the “Church on earth.” The Prayer for the Entrance with the Gospel reminds us that our Lord created the “*armies of angels and archangels to do the service of [His] glory in Heaven,*” and we ask, “*Grant that there may be with our Entry an Entry of Holy Angels, serving with us and with us glorifying You for Your goodness.*” St. John of Kronstadt writes: “[Do not forget] that, in the temple, Angels officiate with trembling, together with the people, and they regard this as their highest bliss.” (*My Life in Christ*, Vol. 2, pg. 16)

HYMNS FOR THIS SUNDAY'S CELEBRATION OF THE DIVINE LITURGY:

ANTIPHON I: *"Tes presvies tis Theotokou..." (By the prayers of the Theotokos...)*

Verse 1-- Bless the Lord, O my soul, and everything within me, bless His holy name.

Refrain: *"Tes presvies tis Theotokou, Soter, soston imas."*

Verse 2- Bless the Lord, O my soul, and forget not all His rewards.

Refrain: *"Tes presvies tis Theotokou, Soter, soston imas."*

Verse 3- The Lord prepared His throne in heaven, and His Kingdom rules over all.

Refrain: *"By the prayers of the Theotokos, Savior, save us."*

Chanter(s): *Glory to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.*

Refrain: *" Tes presvies tis Theotokou, Soter, soston*

ANTIPHON II: *"Soston imas Ie Theou..." (Save us, O Son of God...)*

Verse 1- Praise the Lord, O my soul! I shall praise the Lord while I live; I shall sing to my God as long as I exist.

Refrain: *"Soston imas Ie Theou, O Anastas ek nekron, psallontas si alleluia."*

Verse 2 - Blessed is he whose help is the God of Jacob; his hope is in the Lord his God.

Refrain: *"Save us, O Son of God, Who Arose from the dead, we sing to You, Alleluia."*

Verse 3 - The Lord shall reign forever; your God, O Zion, to all generations.

Refrain: *"Soston imas Ie Theou, O Anastas ek nekron, psallontas si alleluia."*

Doxa Patri ke Yio ke Aghio Pnevmati ke nin ke aei... *"O Monogenis Yios ke Logos tou Theou..."*

ANTIPHON III- *This is the day the Lord has made. Let us greatly rejoice and be glad therein.*

Sunday Resurrection Hymn: *Angelike dynameis (Tone 6)... (When the angelic powers appeared at Your tomb and those who guarded You became as though dead and standing by Your sepulcher was Mary seeking Your pure and sacred body. For, You did vanquish Hades and, uncorrupted by its touch, You came unto the Virgin Woman bestowing the gift of life, O You Who arose from the dead. Lord we give glory to You.)*

Hymn for St. Makarios of Egypt: *Tis erheemou politis... (As a citizen of the desert and an angel incarnate and a wonder-worker you shone forth, O Makarios our God-bearing father. Since you received the spiritual gifts by fasting and vigilance and prayer, you can cure those who are ailing and heal the souls of those who run to you with faith. Glory to Him who gave His might to you; glory to Him who placed a crown on you; glory to Him who operates through you, providing cures to all.)*

Hymn for St. George : *Os ton ehmaloton eleftherotis... (As the one who sets the captives free and the protector of the poor; as physician to the sick and the champion defender of kings, bearer of trophies are you, O Great Martyr George, intercede with Christ our God that He may save our souls.)*

Kontakion Hymn for this Sunday : *O Mitran Parthenikeen... (You sanctified the virginal womb by Your birth, O Lord, and blessed the hands of Symeon fittingly, O Christ God; and even now You came and saved us. Now, give peace to our Nation in time of war, and empower our Leaders, so loved by You, the only one who loves humanity.)*

Axion Estin - page 52 in the Divine Liturgy books

Communion Hymn- *Enite (Praise the Lord from the heavens; praise Him in the highest.)*

ANNOUNCEMENT: Fr. Ted will be away until January 31st. Contact **Fr. David Kruse of St. Raphael Antiochian Orthodox Church** for emergencies (760-408-6116). Romanian Orthodox priest, **Fr. Dionysie Marian**, will celebrate the Divine Liturgy **next Sunday**, substituting for Fr. Ted.



ANNOUNCEMENTS

MEMORIAL -- Today's Memorial Service is for the Eternal Rest and Salvation for the servants of God, **Constantin Zaharia (1 year)**, the beloved husband of **Gabriela Zaharia** and **John Andros (11 years)**, the beloved father of **Nick Andros**. May our Lord God and Savior Jesus Christ grant Eternal Life and Salvation to **Constantin Zahariah** and **John Andros** and may He grant peace and comfort to **Gabriela Zahariah** and **Nick Andros**.

GODPARENT SUNDAY -- Today is **Godparent Sunday**. We ask our parents and Godparents to partake of Holy Communion with their children and Godchildren and attend class with them today, following a special prayer offered by Fr. Ted. The **coffee and cake** in commemoration of our **Godparent Sunday today is sponsored by Mr. and Mrs. Bill Barringer**. Please see the enclosed flier.

PHILOPTOCHOS -- Our Ladies Philoptochos is supporting the American Heart Association's national movement "Go Red for Women" in the month of February to help end heart disease and stroke in women. We have designated **Sunday, February 9th, 2020 as our "St. George Go Red Day"**. We are asking everyone to wear the color red this Sunday in support of all the special women in your lives. We will provide health tips from the AMA on ways to improve your heart health. In addition, the Philoptochos ladies will provide heart healthy snacks during the coffee hour for all.

ALTAR FLOWERS-Contributors of today's Altar Flower Bouquets are:

--Mr. and Mrs. Bill Piggott (both bouquets) in celebration of Bill's 97th birthday...Happy birthday, Bill, and may God bless and keep you in His loving care. All payments for February Altar Flower bouquets are now due. Altar Flower Bouquet displays for the current 2019-2020 season are now filled.

GREEK SCHOOL -- Classes in Modern Greek ("Survival Greek") will resume on **Tuesday, January 21, 2020**, at our parish hall from **6:00 p.m. to 7:30 p.m.** To join, contact **Margarita Pagoulatos at: 714-308-0266**.

FESTIVAL - The **deadline for all ads for our 2020 Festival Program Book is Tomorrow!** Sign up now to **volunteer to help for the Festival**. Note enclosed "**Volunteer Form**" and see **Jim Christopoulos** today.

FESTIVAL: YIAYIA'S ATTIC -- We need your items for Yiayia's Attic. We take all sorts of household things. This year we have added Papoo's Garage. We want tools, golf clubs and anything of value. **Donations should be in good condition, clean and/or polished.** You may drop off items near classroom 1 in the parish hall. Also, please get a **tax-deductible form from Chris Delegans**, to deduct your donation value for tax purposes. If you have any questions, call chairperson **Chris Delegans** at **650-207-5254**.

AHEPA SUPER BOWL PARTY -- Join the "**Super Bowl**" **Squares -- \$10 per square**. At the end of each quarter of the big game prizes will be awarded. See the AHEPA table in our parish hall.

WEEKDAY CALENDAR

Mon., Jan. 20th-Tues., Jan. 21st & Thurs., Jan. 23rd-Fri., Jan. 24th--Festival prep (pasties)-9:00 each day. **Tuesday, January 21st...Bible Study-10:00 a.m.** (Vincent Gandrillon will show a video in Greek and English on the Divine Liturgy & spiritual life). Fr. Ted will be away this week: see announcement on page 3.

EPISTLE: Col. 3:4-11 -- Brethren, when Christ who is our life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away; anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

GOSPEL: St. Luke 17:12-19 -- At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said: "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus's feet, giving Him thanks. Now he was a Samaritan. Then said Jesus: "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him: "Rise and go your way; your faith has made you well."

GODPARENT SUNDAY RECONFIRMATION PRAYER

Have you renounced Satan?

Do you unite yourselves unto Christ?

Do you believe in Him? We believe in Him as King, our Lord and God.

A PRAYER OF RECONFIRMATION:

PRIEST: Blessed are You, O Lord Almighty, Source of all good things, Sun of Righteousness, Who sheds forth upon those who were in darkness the light of salvation, through the manifestation of Your Only Begotten Son, our God: and Who have given unto us, unworthy though we be, blessed purification through hallowed water, and divine sanctification, through life-creating Chrismation; Who have been graciously pleased to regenerate these Your servants through the only One Baptism by water and the Spirit, granting unto them remission of sins, whether voluntary or involuntary, and granting also unto them the seal of the gift of Your Holy, Almighty and adorable Spirit, and participation in the Holy Body and the precious Blood of Your Christ. Keep them in Your sanctification; reconfirm them in the Orthodox faith; deliver them from the Evil One and from his evil snares. And preserve them in purity and uprightness, through the saving fear of You. That they may please You in every one of their deeds and words, and may prove themselves to be children and heirs of Your heavenly Kingdom. For you are our God, the God of mercy and salvation, and unto You we ascribe glory; to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Amen.

SAINT GEORGE 2020 GREEK FESTIVAL SPONSORSHIP & AD PROGRAM

Event Dates: Sat. & Sun., February 22nd - 23rd, 2020

Terms: Cash/Check/Credit

Attached is my check in the sum of:

Date: _____ \$ _____

Sponsorship/Ad Choice: _____

Sponsorship/Ad Choices Available in 24th Annual Greek Festival Booklet:

Sponsorship Level: (includes full page (8.5 x 11) **color** ad in program booklet, company logo in Festival Ad Program, signage at festival admissions gate & Sponsorship listing on Festival Website)

Sponsor Level ----- \$ 1000

Advertising Choices: (includes black & white ad in program booklet)

Full Page (8.5 x 5.5) ---\$ 500

Half Page (4.25 x 5.5) ---\$ 275

Quarter Page (2.125 x 5.5) ---\$ 150

Personal Name Listing ---\$ 35

Business Name: _____

Contact Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____ Email Address: _____

Authorized Signature: _____

Make checks payable to:

St. George Orthodox Church

P.O. Box 4755

Palm Desert, CA 92261

Phone: (760) 568-9901

Email: 2016stgeorgegreekfest@gmail.com

Fax: (760) 568-9492

Print personal ad below:

Absolute DEADLINE for Copy: January 20th, 2020

Electric submission of camera ready corporate logos
& names are accepted in most formats.

SUPPORT THE 2020 GREEK FESTIVAL

(with a \$35.00 Personal Ad)

Please review the "example" personal ad page from another Greek Orthodox Church Festival that we are planning for our festival ad book.

For a \$35.00 donation, your family/name will be published on the page. Make checks payable to Saint George Church, memo festival ad. Fill out an ad form with how you want your family/name to appear on the page.

Deadline: January 12th, 2020

Please see Rhonda Latkovic or Tina Veroulis with any questions.

Rev. Fr. Andrew & Pres. Karen Lesko
V. Rev. George & Elaine Manneh
The Fields Family
Kara Egger
Barbara Phebus
M & D Fields Bakery
The Gaskins Family
The Moulis Family
The Hadjis Family
The Hitte Family
The Bouras Family
The Ingram Family
The Ronalds Family
The Vassilakis Family
Thelma Katsiyiannis
George & Mary Barbas
Dimitris & Maria Thiveos
Mr. & Mrs. Peter Roumpos
Dimitrios & Ioanna Alexopoulos
Leon & Leanda Stavros & Family
Tony and Effie Christoforou
Karen, Anthony & Katerina
Chris, Frances, Peter & Patricia
Zisis Kaniouras
Michael H. Hatzidakis
Saranti Hatzidakis
Fierros Hatzidakis
Dance - Daniel Anayiannis
Hondra Hatzidakis - 10000 Remecula Parkway, Ter
Billy Hatzidakis - Guitar/Piano Lessons (323)

EXAMPLE

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Volunteer for the Festival

February 22nd & 23rd 2020

What Kind of Person Are You?

In this world there are four kinds of people: Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was asked to do it. Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did.

Somebody got angry about it because it was Everybody's job. Everybody thought Somebody would do it, but Nobody realized it wouldn't get done by Anybody. It ended up that not only was the job not done, but Everybody accused Somebody, and Nobody accepted the responsibility.

Moral: Everybody's job is Anybody's. Nobody can be Somebody unless they are willing to do Anybody's work.



Please sign up to volunteer in the church hall after liturgy on any Sunday. You may also complete the information on the back and leave it with Jim Christopoulos or Father Ted. Finally, you may email or call Jim at goofy_328@yahoo.com (note “_” between goofy and 328) or 760-902-8460. God bless!

For those of you who are unable to volunteer, but want to help support the festival, you may want to consider “sponsoring” a shift. For a donation of \$60, you can sponsor a paid worker. If interested, please see Jim or Father Ted.



Festival Volunteer Form

Saturday & Sunday, February 22nd & 23rd 2020

»Name: _____

»Phone Number: _____ »Email Address: _____

1. Availability (Please check all that apply):

a. Set Up the Week Prior to Festival _____

b. Saturday 2/22 _____ 10:30-3:30 _____ 3:15-8:15

c. Sunday 2/23: _____ 10:30-3:30 _____ 3:15-8:15

d. Tear Down the Week Following Festival _____

2. Please check off all areas that you would like to volunteer (we will try to place you in one of these areas, if possible).

Area	Chairperson(s)	Check if Interested
Set-up/Tear down	Doug Lyons	
Front Gate	Lou & Penny Karagianis	
Back Gate	Jim Christopoulos	
Greek Store	Rhonda Latkovic	
Kafenio	Margarita Pagoulatos	
Kids Area	Melissa Hawkins	
Loukoumathes	Krisann & Euthym Kontaxis	
Parking Lot Bar	Nick Krespis	
Courtyard Bar	tbd	
Dinner Line	Athena & Pete Snarskis	
Gyros	George Argyros & John Petalas	
Cooking	George Argyros & John Petalas	
Appetizers	Jim Christopoulos	
Yiayia's Attic	Chris Deleganis	
Accounting/\$ Run	Nick Kaperonis	
Kitchen/Food Run	George & Stacy Argyros	
Pastries	Ladies of Philoptochos	
Parking Lot Carts	Jim Christopoulos	

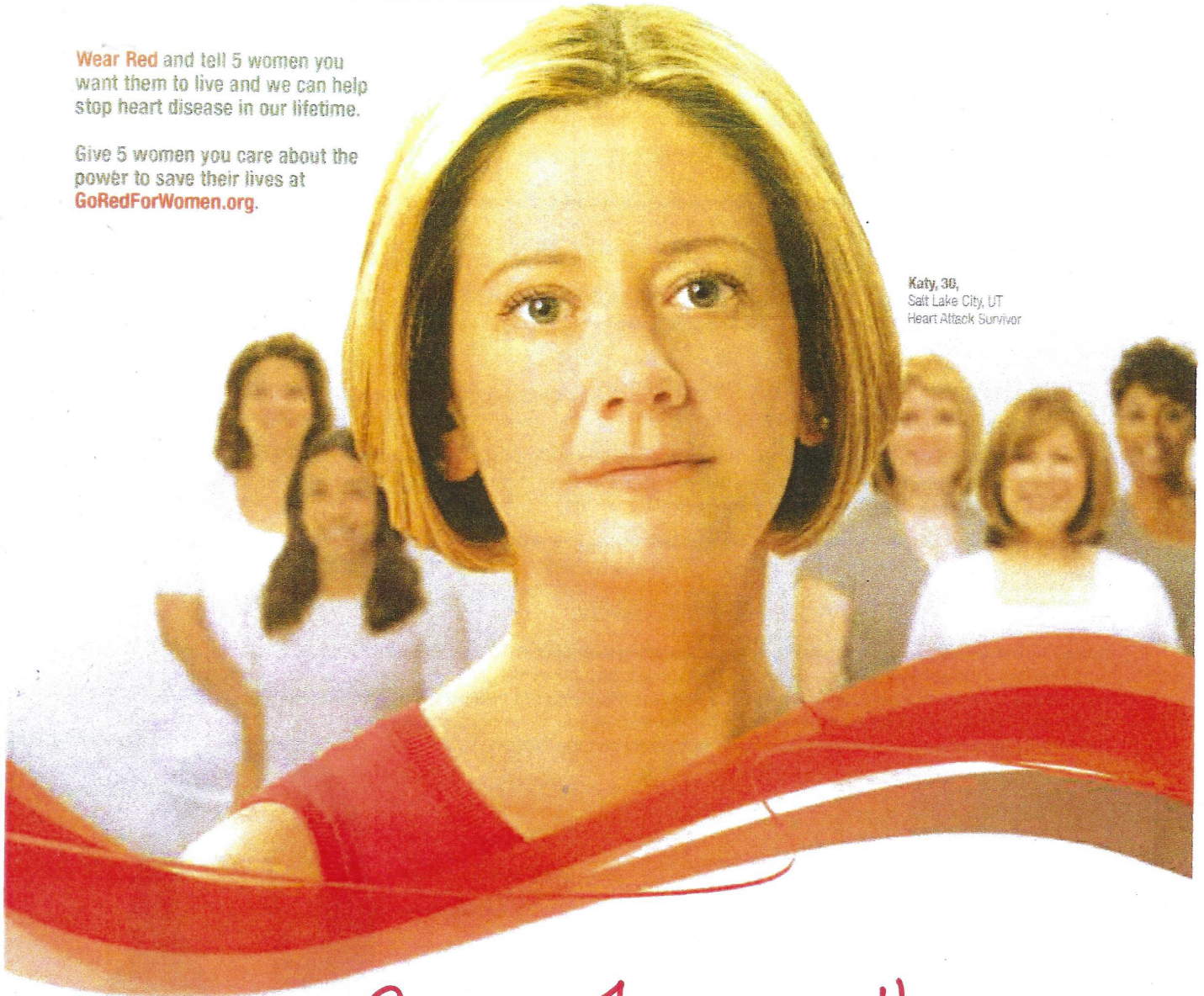
MAKE IT YOUR MISSION

TO FIGHT HEART DISEASE IN WOMEN



Wear Red and tell 5 women you want them to live and we can help stop heart disease in our lifetime.

Give 5 women you care about the power to save their lives at GoRedForWomen.org.



Katy, 30,
Salt Lake City, UT
Heart Attack Survivor

Join us on Sunday, February 9th
as we Make It Our Mission to stop women's No. 1 killer.


Give 5 women you care about the power to save their lives at GoRedForWomen.org.



St. George Philoptochos

Know the Warning Signs for Heart Disease and Stroke



American Heart Association 

nationally sponsored by



Every year heart disease claims the lives of close to half a million women in our country. In fact, it's the No. 1 killer of American women. Since most of those deaths are from coronary heart disease — about 500,000 each year — it's important to learn all you can about heart attacks. Don't ignore heart problems. It's a matter of life and death! For example, you should know the warning signs so you can get help right away, either for yourself or someone close to you. Acting quickly can save many, many lives!

Some heart attacks are sudden and intense, and no one doubts what's happening. But most heart attacks start slowly, with mild pain or discomfort. Often people affected aren't sure what's wrong and wait too long before getting help. Here are signs that can mean a heart attack is happening:

- **Chest discomfort.** Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort in other areas of the upper body.** Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness of breath** with or without chest discomfort.
- **Other signs** may include breaking out in a cold sweat, nausea or lightheadedness

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

If you or someone you're with has chest discomfort, especially with one or more of the other signs, don't wait longer than a few minutes (no more than 5) before calling for help.

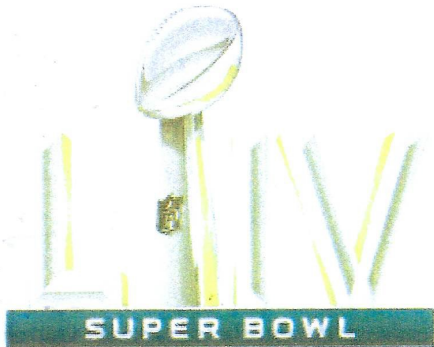
Call 9-1-1... Get to a hospital right away.

Calling 9-1-1 is almost always the fastest way to get lifesaving treatment. Emergency medical services (EMS) staff can begin treatment when they arrive — up to an hour sooner than if someone gets to the hospital by car. The staff are also trained to revive someone whose heart has stopped. You'll also get treated faster in the hospital if you come by ambulance. If you can't access the EMS, have someone drive you to the hospital right away. If you're the one having symptoms, don't drive yourself, unless you have absolutely no other option.

Myrna Aguilar, 34
South Gate, CA
Family History of Heart Disease
Go Red Por Tu Corazón
Spokesperson

GoRedForWomen.org





AHEPA 528 3rd ANNUAL

SUPER BOWL PARTY



FUN FOR EVERYONE

We will have doors open at 2:30 pm.
Game starts at 3:30 pm

Saint George Greek Orthodox Church
74109 Larrea St Palm Desert, CA 92261
\$20 Donation requested (*kids, no charge*)
Refreshments and fun provided!



<https://www.facebook.com/AHEPA528/>

Livestream after each Quarter to announce winner!

\$10 pool squares available

Donate online, [AHEPA528.ORG](https://www.AHEPA528.org)

ALL PROCEEDS FROM THE EVENT WILL GO TO SCHOLARSHIP PROGRAM

Please make any checks to AHEPA Chapter 528 or donate online

*Scholarship awards benefit members of
Saint George Church and the AHEPA 528 Family*

SUPER BOWL
FEB 2nd 2020

\$20 DONATION

and you get

- 1 Square in the Football Pool
- Refreshments
- Appetizers
- Live Game
- Cash Prizes

\$10 pool square*

**After first donation*

**REFRESHMENTS
AND FUN
PROVIDED!**



PLEASE SEE BROTHERS

**WYNN STORTON,
HARRY LOUKATOS,
PETE PETERSON or
NICK KRESPIS**

FOR FURTHER DETAILS

CONTACT@AHEPA528.ORG

760.832.2825



SUPER BOWL

EACH SQUARE COST \$10.00

50% of Pool to winners.

**Remainder 50% goes toward
George Tcharos Scholarship**

20% at 1st Quarter

20% at 2nd Quarter

20% at 3rd Quarter

40% at Final Score

**** Empty squares go to Scholarship program**

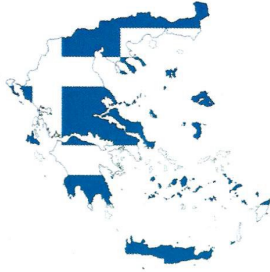
Pool numbers selected at start of game

**Winners can be announced by text
but will also be on Facebook live.**

Text Wynn at 760.832.2825 for your numbers.



<https://www.facebook.com/AHEPA528/>



GREAT TRIP ACROSS GREECE

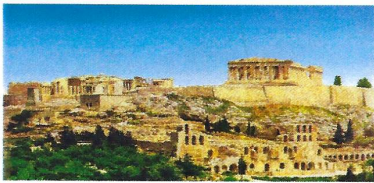
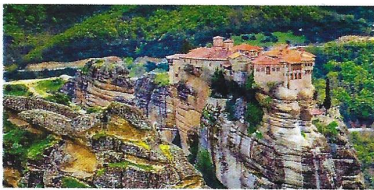


TWO 19-DAY TOURS AVAILABLE:

SPRING EXPERIENCE: **MAY 8 2020 TO MAY 26 2020**

AUTUMN EXPERIENCE: **SEPTEMBER 18, 2020 TO OCTOBER 6, 2020**

PALM SPRINGS – GREECE – PALM SPRINGS

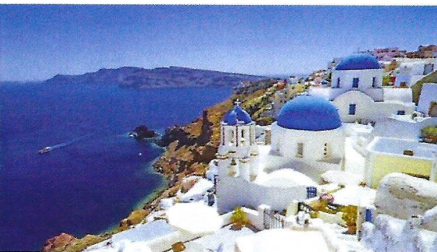
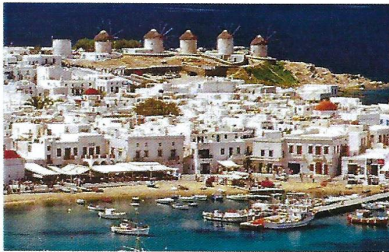


- **ACROPOLIS**, THE GREAT CITADEL OF **ATHENS**
- ❖ **METEORA**, IS A ROCK FORMATION IN CENTRAL GREECE HOSTING ONE OF THE LARGEST AND MOST PRECIPITOUSLY BUILT COMPLEXES OF EASTERN ORTHODOX MONASTERIES, SECOND IN IMPORTANCE ONLY TO MOUNT ATHOS.
- ❖ **DELPHI**, TEMPLE OF APOLLO, SANCTUARY OF DELPHI, PYTHIA
- ❖ **OLYMPIA**, SMALL TOWN IN ELIS ON THE PELOPONNESE PENINSULA, WHERE THE ANCIENT OLYMPIC GAMES WERE HELD.
- ❖ **ARGÓLIDA**, CORINTHIAN CHANEL, MICENAS EPIDAURO
- ❖ **MYKONOS**, THE EMBLEMATIC ISLAND WITH ITS MARVELOUS BEACHES
- ❖ **TINOS ISLAND**, THE SPIRITUAL GREEK ORTHODOX CENTER
- ❖ **SANTORINI**, THE MOST FAMOUS OF THE CYCLADES ISLANDS IN THE AEGEAN SEA
- ❖ **KEFALONIA**, THE LARGEST OF THE IONIAN ISLANDS IN WESTERN GREECE. HOME OF THE MONASTERY OF SAINT GERASIMOS

PRICE INCLUDES:

HEALTH INSURANCE

BAGGAGE INSURANCE



Reserve your space ASAP!

Complete Information at:

WWW.MARGREEK2020.COM